

## Faculti Summary

<https://staging.faculti.net/transformational-resilience-through-collective-action/>

This video is a transcript of a presentation discussing the concept of resilience, particularly in the context of social work and the experiences of migrants in Canada. The speaker expresses gratitude for the opportunity to speak and acknowledges the Indigenous territories they are situated on. They reflect on their own immigration background and the impact of colonialism, highlighting their ongoing commitment to Indigenous self-determination.

The speaker examines the concept of resilience, which traditionally emphasizes individual coping and overcoming challenges, often obscuring the systemic inequalities that contribute to those challenges. They critique how resilience is often framed in neoliberal contexts, placing responsibility on individuals rather than addressing structural issues.

Through a project focused on building migrant resilience in Toronto, the speaker analyzes how local and provincial governments use the term resilience in policy and education, often equating it with equity and inclusion efforts. However, there is a gap between recognizing systemic inequities and effective resource allocation to support those in need. The speaker emphasizes the importance of understanding resilience as multi-dimensional, involving individual, collective, and transformative aspects.

The presentation highlights grassroots actions taken by immigrant communities, particularly women, to support each other through mutual aid and advocacy. The speaker concludes by emphasizing the necessity of relationships and collaboration across community and governmental levels to enact meaningful change, arguing that true resilience involves addressing systemic inequalities and fostering collective empowerment rather than relying solely on individual self-sufficiency.